



STATE OF DELAWARE  
DEPARTMENT OF AGRICULTURE  
**HARNESS RACING COMMISSION**

2320 SOUTH DUPONT HWY  
DOVER, DE 19901

agriculture.delaware.gov

TELEPHONE (302) 698-4599  
FAX (302) 697-6287

Dear Medical Professional,

If a patient is under your care for a condition which requires the use of a controlled substance or prescription medication and you believe that the proper use of the medicine will not adversely affect this person's ability to safely participate in the sport of harness racing, please:

1. On your letterhead with signature, provide your statement of the patient's current medication(s) and their ability to safely participate in Harness Racing while using the medication(s) as prescribed.
  2. Please provide this document by emailing [lauren.torres@delaware.gov](mailto:lauren.torres@delaware.gov) or fax to one of our Licensing Offices.
    - Dover Downs: 302-741-8995 (November-March)
    - Harrington Raceway: 302-342-3009 (April- October)
- **Horse Drivers** compete by driving the racehorses at speeds in excess of 30 mph.
  - **Horse Trainers** are responsible to provide the necessary care for the horses on a daily basis and ensure that the horses are prepared to race.
  - **Horse Grooms** work for the trainers, caring for the horses on a daily basis and in close proximity to the equine athletes, at the trainer's barns and at the racetracks.
  - **Horse Owners** are licensed to own the horses and sometimes participate in the care of the animals.

Sincerely,

Lauren Torres  
Chief Investigator  
Delaware Harness Racing Commission

**According to the Harness Racing Rules and Regulations, Title 3 Section 501, 5.1.8.2.7.1:**

*"A licensee is responsible for giving notice to the Chief Investigator that he or she is using a controlled substance or prescription drug under a valid prescription from a licensed physician. No licensee using a controlled substance or prescription drug will be allowed to participate in racing activities unless the physician has certified that the use of the controlled substance or prescription drug, when used as prescribed, will not adversely affect the licensee's ability to properly and safely carry out his or her responsibilities."*