



Delaware Senior Farmers' Market Nutrition Program

-Instructions to Participants, Including Rights & Responsibilities-

Welcome to Delaware's Senior Farmers' Market Nutrition Program (SFMNP). The purpose of the program is to provide you with access to fresh, locally grown fruits, vegetables, herbs and honey, and to promote the usage of Delaware's farmers' markets.

There are just a few simple things that you need to know about using your coupons:

- ✓ Use your coupons at approved farmers' markets to buy fresh produce grown by local farmers. You will be given a list to let you know where you can shop and what you can buy with your coupons.
- ✓ Use your coupons between June 1, 2019 and October 31, 2019.
- ✓ Sign your coupons when making a purchase. Each coupon is worth \$5.00. You will not receive change if you buy less than \$5.00 worth of produce and/or honey.
- ✓ If you cannot go to the farmers' market yourself, you can sign a proxy form to allow someone else to shop for you.

Enjoy! If you have questions about how to use your coupons, please contact the Delaware Department of Agriculture by phone at: 302-698-4625 or by email at kathy.jackson@state.de.us

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

Appendix G (English)

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights 1400
Independence Avenue, SW
Washington, D.C. 20250-9410; or

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

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