

GET THE FACTS ON FOOD AND AVIAN INFLUENZA

CAN I GET AVIAN INFLUENZA FROM EATING POULTRY OR EGGS?



No. Poultry and eggs that are properly prepared and cooked are **safe to eat**.



Never eat raw eggs or poultry.



Cooking poultry or eggs to **165° F** will kill the virus and other germs.



DELAWARE DEPARTMENT OF
AGRICULTURE

de.gov/poultry